Post-Operative Instructions for Superficial Lamellar Keratectomy

After Surgery:
- Dr. Collins placed a Bandage Contact Lens on your operative eye (s). This bandage contact lens will be removed at your follow up appointment.
- Your vision may be blurry and the pupil may remain dilated for several days following surgery. Sunglasses should be used if your eyes are light sensitive.

- Take Tylenol or Vicodin 1 tablet every 6-8 hours as needed for discomfort
- Eat a light meal after surgery
- Take a nap when you arrive home
- Refrain from diving or operating hazardous equipment after surgery.
- No swimming for 2 weeks
- You may walk or engage in gentle exercise the next day. Avoid strenuous activity or heaving lifting for 1 week. Make sure to wear your protective sunglasses when going outside.
- You may shower or wash your hair the next day. Avoid getting soap in the operative eye, if you do rinse with artificial tears immediately.
- No eye make-up for 1 week. We recommend you purchase new eye make-up after surgery.
- Do not rub or bump you eye
- Call your doctor or go to the emergency room for persistent vomiting, fever greater than 101 °F, rash or pain not relieved by medication.
- Return for your post-operative visit as directed. Refer to your surgery schedule for dates and times.

Please contact the office if you should have any further questions. (239) 936-4706